

Tasks of Daily Living

Strengths & Needs Assessment

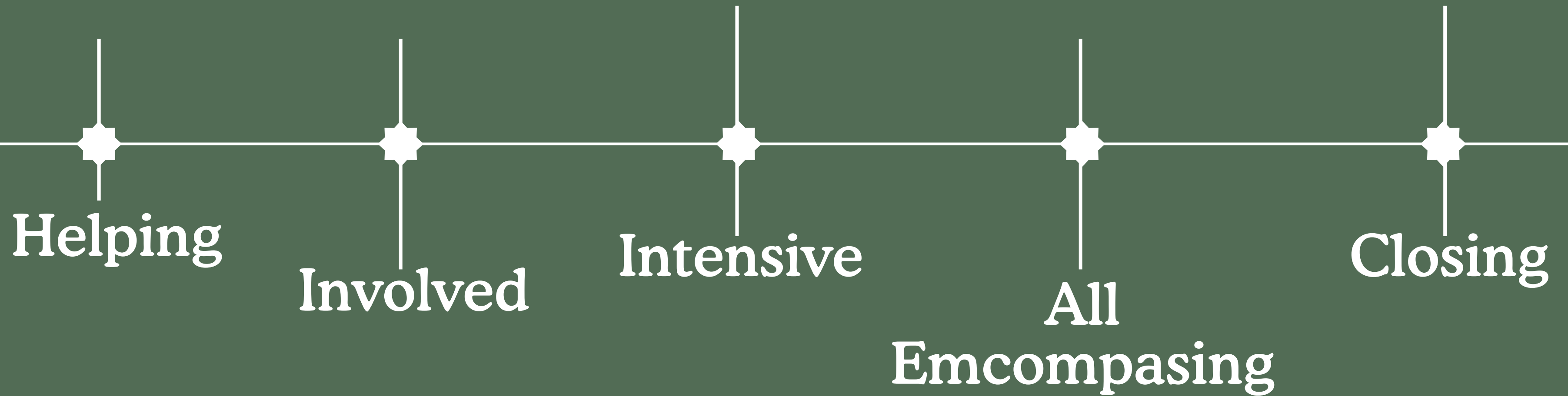
	Requires No Assistance	Some Assistance Needed	Complete Assistance Needed
Personal Hygiene			
Grooming			
Nail Care			
Bathing			
Dental Care			
Dressing			
Appropriate clothing			
Able to dress and undress			
Eating			
Self feeding			
Continence			
Mentally able to use toilet			
Able to get on and off toilet			
Able to clean self			
Transferring/Mobility			
Stand from a seated position			
Get in and out of bed			
Water -safe heat			
Move from one location to another			

Instrumental Tasks

Strengths & Needs Assessment

	Requires No Assistance	Some Assistance Needed	Complete Assistance Needed
Communication Skills			
Use phone regularly			
Use Email			
Internet/Social Media			
Texting			
Transportation			
Drive self			
Arrange rides			
Use of public transportation			
Shopping			
Appropriate choices (food, etc.)			
Navigate stores in person			
Navigate online shopping			
Housework			
Doing Laundry			
Washing Dishes			
Dusting			
Vacuuming			
Clean residence			
Manage Finances			
Operate within budget			
Writing checks			
Paying bills			
Avoiding scams			

Stages of Care



Caregiving is a non-linear process of transition.

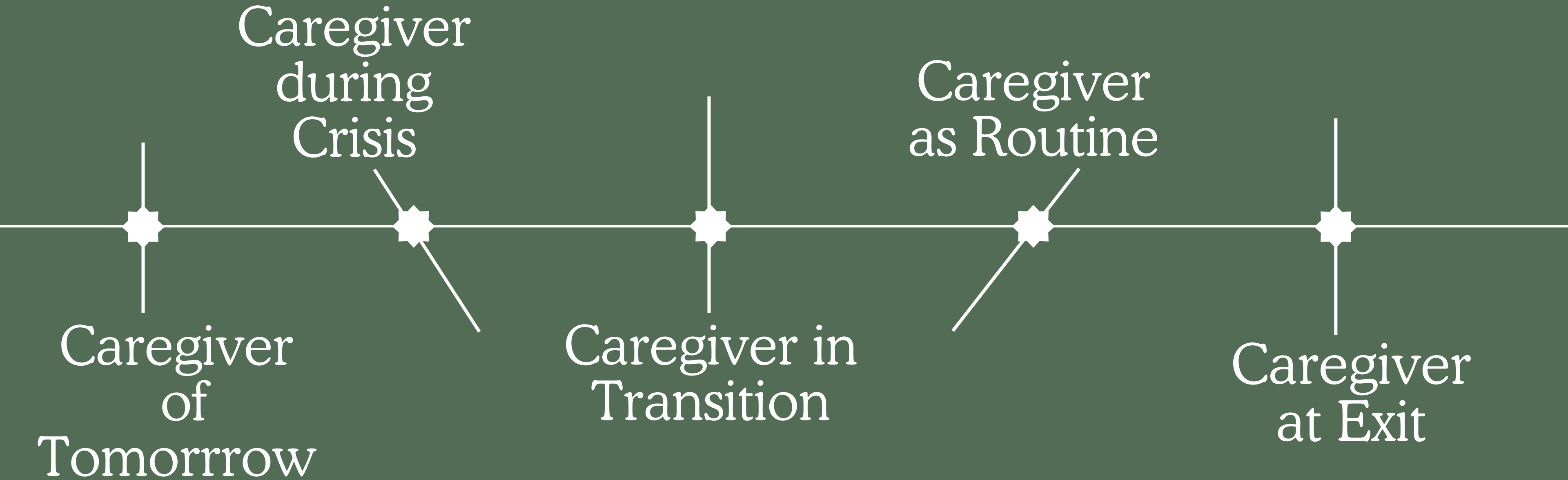
Caregiver
during
Crisis

Caregiver
as Routine

Caregiver
of
Tomorrow

Caregiver in
Transition

Caregiver
at Exit





01

Where do you see me along
this journey of care?

Where do I see myself?

02

What are our daily needs?

03

Does the current environment
support our needs? What is
missing or may be needed?