

LETTING GO

WITH GREG WASINSKI



HOLY WEEK – FEAR

OVERVIEW:

Holy Week brings us face to face with fear.

Fear of loss. - Fear of suffering. - Fear of uncertainty.

But the journey of Christ shows us something greater — that fear does not have the final word. God wins in the end.

RELATED SCRIPTURES:

Procession Gospel: Matthew 21:1-11

“Hosanna to the Son of David...”

First Reading: Isaiah 50:4-7

“The Lord God is my help...”

Second Reading: Philippians 2:6-11

“He humbled himself, becoming obedient to death...”

Gospel: Matthew 26:14-27:66

“This night you will have your faith in me shaken...”

REFLECTION QUESTIONS:

1. Where in my life right now am I experiencing fear or uncertainty?
2. Have I ever “denied” God in small ways because of what others might think?
3. When things don’t go as I expect, do I turn toward God or away from Him?
4. What does it mean for me personally to say, “Not my will, but Yours be done”?
5. How can I hold onto hope during times when God feels silent?

“LETTING GO” LENTEN SERIES



WEEKLY COMMITMENT:

This week, I will let go of the fear of:

And I will humble myself by:

(Example: Let go of fear of the future → Replace with daily surrender in prayer.)

(Let go of fear of judgment → Replace with boldness in living my faith.)

SPIRITUAL WARFARE REMINDER

Fear is one of the enemy's greatest tools.

It whispers:

“You're alone.”

“This is the end.”

“You should run.”

But Jesus shows us another way.

Stay.

Trust.

Surrender.

Fear may be loud — but it is not truth.