

LETTING GO

WITH GREG WASINSKI



FIFTH SUNDAY – LIMITS

OVERVIEW:

There are moments in life when we feel spiritually empty — going through the motions, chasing success, yet feeling disconnected from something deeper.

We all place limits on what we believe God can do — in our lives, in our struggles, and in our future.

But this week reveals a powerful truth:

God is not bound by our expectations, our pain, or even death itself.

Lent calls us to release the limits we place on God and trust in His power to bring life where we see none.

RELATED SCRIPTURES:

First Reading: Ezekiel 37:12–14

“I will open your graves and have you rise...”

Second Reading: Romans 8:8-11

“The Spirit of God dwells in you.”

Gospel: John 11:1-45

“I am the resurrection and the life...”

REFLECTION QUESTIONS:

1. Have I ever felt spiritually “dead” or disconnected from God? What contributed to that?
2. Where in my life do I feel like hope has run out?
3. Do I believe that God can still work in situations that seem beyond repair?
4. Have I limited God by deciding how He “should” act?
5. What would it look like to fully trust in God’s promise of new life?

“LETTING GO” LENTEN SERIES



WEEKLY COMMITMENT:

This week, I will let go of this limitation:

And I will replace it with this act of trust:

(Example: Let go of believing “this will never change” → Replace with daily surrender in prayer.)
(Let go of controlling outcomes → Replace with trusting God’s timing.)

SPIRITUAL WARFARE REMINDER

The enemy often speaks in limits:

“This is too broken.”

“You’ve gone too far.”

“It’s over.”

But Jesus speaks in life:

“Rise.”

“Come out.”

What feels like an ending may be the very place where God reveals His greatest work.