

5 DAY REFLECTION

Desire, Intention & Trust



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Desire

Even when we feel unworthy or angry with God, He sees our heart's true desire to love Him.

Intention

We must be intentional in our prayers and actions, receiving communion with reverence and living our faith visibly.

Trust

Faith means trusting God even when circumstances are difficult and prayers seem unanswered.

HOW TO BEGIN

It's a Journey

Listen to your Heart

Create Opportunities

Leave Time for Interruptions

Make a Big Splash



It's a Journey

Faith is never static. It's a living, breathing relationship with God that requires our active participation. When we become complacent in our spiritual journey, we don't simply stay in place—we actually drift away. Just like a boat against the current, maintaining our position requires constant effort.

But following Jesus isn't always smooth sailing. In fact, difficulty often precedes divine intervention. When we face challenges—whether financial hardship, relationship struggles, health concerns, or spiritual doubts—we're actually standing at the threshold of potential miracles. These moments of difficulty aren't punishments but opportunities for God to reveal His goodness in ways we couldn't otherwise experience.

Today, consider where you are in your faith journey. Are you actively growing, have you been coasting, or have you drifted from the shore? Remember that even when the path seems unclear or challenging, these may be the very conditions God uses to draw you closer and reveal His power in your life.





Listen to Your Heart

Have you ever achieved something you thought would bring lasting happiness, only to find yourself still searching for more? This universal experience points to a profound truth: we were created for something beyond what this world offers. The human heart has a God-shaped void that nothing else can fill. No amount of success, wealth, relationships, or achievements can satisfy our deepest longing because we were designed for communion with our Creator. This explains why even people who seem to "have it all" often continue searching for meaning and purpose.

True fulfillment comes from two essential discoveries: knowing God and knowing ourselves. When we understand who God is—His character, His love, His purposes—and who we are in relation to Him, we find the anchoring our souls crave. This knowledge isn't merely intellectual; it's relational and transformative. God never stops drawing us to Himself, even when we feel unworthy or distant.

Today, instead of chasing after things that promise fulfillment but ultimately disappoint, turn your attention to the One who designed your heart and knows exactly what it needs. In His presence, you'll discover the truth and happiness your soul has been searching for all along.





Create Opportunities

Faith isn't meant to be a private matter, hidden away in the corners of our lives. It's meant to be visible, tangible, and contagious. When we truly encounter Jesus, something within us changes so profoundly that others can't help but notice.

The most powerful testimony isn't what we say about Jesus, but how do we see Him in action? People aren't necessarily looking for theological arguments; they're looking for authentic evidence that God makes a difference. This is especially crucial today when so many are searching for meaning. Both inside and outside our churches, people are hungry for a genuine encounter with God. They don't need more programs or presentations—they need to see lives that have been unmistakably touched by divine love. ***We don't have to tell people what Jesus can do; we simply show them what He has already done in us.***

Today, how can you do something for others that helps them feel appreciated or loved in the image of God? You may be the only Bible some people ever read, the only sermon they'll ever hear. Let your life speak so loudly of God's goodness that words become secondary. You'll be changed in the process.





Leave Time for Interruptions

Our culture celebrates efficiency and productivity. We fill our calendars to the brim, pride ourselves on multitasking, and often measure our worth by how much we accomplish. But Jesus modeled a radically different approach to time and priorities. Though Jesus had the most important mission in human history, He never seemed rushed or annoyed when interrupted.

Jesus understood something we often forget: some of life's most meaningful moments come through interruptions. The person who needs a listening ear, the child who wants to show you something, the stranger with a question—these "disruptions" to our schedules might actually be Godly appointments. When we leave margin in our lives—space for the unexpected—we create room for God to work in ways we couldn't have planned.

Today, consider how you might build flexibility into your schedule. How might you respond differently to interruptions if you viewed them as potential Godly encounters rather than inconveniences? The person who interrupts your day might be the very one God has sent for you to serve—or perhaps the one He has sent to bless you in unexpected ways.





Make a Big Splash

Comfort can be the enemy of spiritual growth. When we settle into routines and familiar patterns, we often lose the sense of urgency and passion. A relationship with Jesus was never meant to be comfortable—it was meant to be transformative. The early church didn't change the world through elaborate programs or impressive buildings. It spread like wildfire because ordinary believers were so transformed by their encounter with the living God that others couldn't help but notice. They were, in a sense, set ablaze with divine love.

This kind of passionate faith isn't about emotional displays or religious performance. It's about allowing God's love to so thoroughly permeate our lives that it radiates from us naturally. When we're truly on fire for the Lord, we don't need to convince others to follow Him—they'll want what we have.

Today, examine your spiritual temperature. Has your faith become comfortable and predictable? Are you playing it safe rather than allowing God to stretch you? Perhaps it's time to pray for a fresh infusion of passion—to be so filled with God's love that you can't help but shine for Him in a world desperate for light.



Remember...

Jeremiah 29:11 promises - *"For I know the plans I have for you, plans for you to prosper, plans of hope, not for woe."* But the verses 11 & 12 that follow are equally important - *"When you call upon me and come and pray to me, I will hear you. When you search for me, you will find me if you seek me with all your heart."*

BE WHO GOD
Created YOU to Be

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