

LOOKING FORWARD

2018 Lenten Reflections
with Greg Wasinski

WEEK 1: COVENANT & COMMITMENT

READINGS:

GEN 9:8-15 | 1PT 3:18-22 | MK 1:12-15.

OVERVIEW:

During Lent it's important we set the right tone to be fully transformed. Yes transformed, not just a person who sacrifices something for forty days, but one who gives as well.

The words **COVENANT & COMMITMENT** call us to go beyond just making a verbal promise. A covenant is a bond that has an exchange of something between those involved. In this week's scripture, one is modeled through the obedience of Noah, the other is part of the living example of Jesus persevering in the Desert.

REFLECTION & JOURNAL QUESTIONS:

1. Noah gave everything he had in order to enter into a covenant with God. What part of yourself, your work, your family, or your relationships have you been holding back from God?
2. Only seven followed Noah and were saved because of their belief in his obedience. Who are the people in your life that need you to help lead them toward the promises of our faith?
3. Christ remained committed and strong in the desert even while amongst the wild beasts, partially because the angels ministered to Him. Are there situations in your life right now where you feel the world is trying to tear you down? Who are the “angels” in your life trying to help you (or that you need to let help you) to get through it?

LOOKING FORWARD:

It's time to think about what we can offer not just what we can give up. God already gave us His Son, what are you willing to give in return?

Challenge yourself this Lent. Give yourself to God in a new way while remaining committed far beyond what you thought you could ever do or give before.